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Get acquainted with **SOYA FLOUR** and **GRITS**

Why is Soya a valuable addition to our food supply?

Because ...

Soya is rich in good quality
PROTEIN at low cost...

Soya provides minerals
B vitamins... food energy

Soya is a good mixer.

*Try Soya grits with
meat, fish, and eggs.*

*Try Soya flour in
breads, soups, and
sandwich spreads.*



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BUREAU OF HUMAN NUTRITION
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U. S. DEPARTMENT OF AGRICULTURE